CCHC Call for Evidence

Response ID	Start date	Completion date	
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1	Title	▉
1.a	If you selected Other, please specify:	

2	First Name(s)	███████

3	Surname(s)	▉▉

4	Contact email address	██████████
4.a	Additional email address (please compelte this if you are submitting evidence on behalf of someone else)	

5	Location	United Kingdom (GB)
5.a	If you selected Other, please specify:	
5.b	City	Cropthorne

6	Institution/Company/Organisation	Tisdall Associates Ltd trading as Health Parks

7	Summary of evidence	2. The Built Environment, Design and Placemaking (Housing, Planning and Urban Design and Regeneration) 2.8 - Are there exemplar toolkits created by any UK cities which could be disseminated for use elsewhere? CCHC - Call for Evidence (onlinesurveys.ac.uk) https://www.healthparks.co.uk/ The Health Parks Toolkit. Parks and green spaces, as well as streets and urban spaces represent an underused resource for health and wellbeing. Areas of deprivation experience higher levels of health inequality. The creation of health promoting parks, urban spaces and streets could do much to address both these inequalities, and underlying avoidable health conditions. Developed by Tisdall Associates Ltd in conjunction with Parks for London, and several London Boroughs, the Health Parks Toolkit is an evidence base

survey which assesses the health status of parks and urban spaces. It identifies elements related to the following primary health criteria: accessibility, mental wellbeing, physical activity, climate change and biodiversity, health promotion and green social prescribing. By completing an online survey, the assessment produces a Green Space Health Audit and data related to existing elements, and new opportunities. The Green Space Health Audit is a park-based report which assists in the development of health promoting spaces. Data from multiple parks can be collated, to allow a broad overview of elements within each of the above categories. This can be analysed by city, council, ward, community, individual parks, and individual elements. From this data, it is possible to produce technical guidance and green space health strategies, both related to individual parks and spaces, and across the wider environment. These can in turn be used to prioritise practical improvements, support health promotion and green prescribing initiatives, and to target avoidable health conditions. Finally, the audits and related information can guide the design of health promoting places and spaces.

The analysis of data to date has indicated a range of physical interventions which can be introduced to improve accessibility, support mental wellbeing and physical activity and mitigate the impacts of climate change. It has also demonstrated the extent to which cost effective health promotion initiatives have yet to be utilised, and where parks can be used within the context of green social prescribing. The Health Parks Toolkit is the first objective evidence based assessment model which allows parks and urban spaces to take their place in primary prevention, alongside Public Health and Clinical Medicine.

The Health Parks Toolkit has been used by parks charities and local councils across the UK. These include Islington and Camden (as part of the Future Parks Accelerator Project), Haringey, Lambeth, East Sussex, Edinburgh City, Bristol, and many others. It is the only evidence-based assessment model currently available. Further details can be obtained from https://www.healthparks.co.uk/

8	Please select which exposure(s) your evidence relates to. Further explanation on these exposures can be found on a PDF file here. Please select all that apply.	• Planning (e.g. density, green spaces, housing, transport, urban design etc.) • Accessibility (e.g. access to healthcare, facilities, parks etc.) • Environment (e.g. pollution, climate, carbon emissions, ventilation, biodiversity, natural habitat, natural disasters, noise etc.) • Deprivation (e.g. income, poverty, diversity etc.) • Society (social networks & relations) (e.g. human interactions, violence, crime etc.) • Technology and innovation

9	Please select which outcome(s) the submitted research relates to. Please select all that apply.	• Wellbeing • Health (physical): (e.g. non-communicable diseases, communicable diseases, behaviours etc.) • Mental Health • Quality of Life • Lived experiences: (e.g. social health, social wellbeing, social behaviour etc.)

10	Method of evidence submission: If you need to provide further evidence, please submit this either digitally via email or hard copy via post.	

11	How did you hear about the Commission on Creating Healthy Cities and the associated call for evidence?	Through the Parks for London Charity